



## **Ministry: Men's Accountability Group**

### **Helping men overcome pornography addiction**

#### **What is Reborn Ministry?**

Reborn Ministry is a multi-parish men's accountability group helping men overcome the effects of pornography in the local area. Reborn currently has 8 local parishes who will participate in the group. The group will follow the L.I.F.E. field manual in organization and meetings. Meetings will be held on Monday nights from 7 to 9 PM. The meetings will have a large group meeting and then break into small group sessions.

#### **Guidelines:**

- You are here because you desire to overcome pornography, you agree to actively work to overcome the devastating effects pornography creates.
- Commit to the bi-weekly meetings – we expect you will do everything you can to attend the meetings and let us know if you cannot make it for serious reason.
- Respect others at the group – disrespect will not be tolerated.
- Confidentially - what is said here, stays here, volitions may lead to termination from the group. However, any mandatory reports will be reported immediately to the proper authorities.
- Accountability partner. You give your word to check in with your accountability partner 4 times a week. Further, you give your word to tell the truth on how you are doing and any personal violations.
- Sharing: We encourage you to share in meetings, BUT NEVER Glorify sin.
- Homework: You commit to your homework – you will complete your assignment before the next meeting. (You need to purchase the L.I.F.E. manual before your next meeting).
- You agree to weekly attendance of Mass and monthly confession.
- Prayer: You commit to doing spiritual reading daily – 10 minutes that helps you grow in virtue.
- You agree you will pray daily for the men of Reborn
- You agree to be honest with yourself and with your brothers in reborn
- Commitment: We know this is a difficult battle. WE don't expect perfection, but we do expect that you try.
- Break ties: From near occasions of sin, people, places circumstances.
- Additional Support and help: Reborn has additional support and help such as: Unbound Ministry, Healing the Whole Person, and other resources. Please let us know if you would like more information.
- Never forget – You CAN overcome this! It's not impossible, and we will be here to help in the good times and in the difficult times! NEVER GIVE UP!